COURSE PROGRAM

I. COURSE DETAILS

1. Course code: 7IL50UZL18S
2. Course title in Hungarian: Coaching
3. Course title in English: Coaching
4. Number of classes: 12 seminars
5. Credit: 4
6. Frequency of announcement: fall/spring semester
7. Language of tuition: English
8. Preconditions: none
9. Type of course: mandatory/optional
10. Responsible institute: Corvinus Centre for Foreign Language Education and Research, Közgáz Campus (Corvinus IOK)
11. Responsible person/teacher: Bélavári Noémi
12. The objectives of the course are:
   Helping students improve personal and professional skills, and, as a professional encounter understand and apply methodology of coaching through a group coaching process
13. Competences:
   By the end of the course, the student will be able to:
   - reflect on their own attitudes, progress and aims as a course participant and as a professional
   - clarify strengths, weaknesses and needs concerning the above
   - set up an action plan to improve professionally and personally
   - integrate the coaching approach into their professional practice when necessary
14. Basic requirements: regular attendance, active participation, completion of individual course work
15. Assessment: based upon attendance

Practice mark/exam

Detailed requirements:
regular attendance
II. COURSE PROGRAM (CONTENT AND REQUIREMENTS)

1. Topics:

   Introduction
   Goal setting
   Reality analysis
   Options
   Will do – action plan

2. Compulsory literature: -

3. Recommended literature:

   Eric Berne: Games People Play (Emberi játszmák)
   Daniel Goleman: Emotional Intelligence (Érzelmi intelligencia)
   Neale, Arnell, Wilson: Emotional Intelligence Coaching (Érzelmi intelligencia coaching)
   Rogers, Lyon, Harold C., Tausch, Reinhard: On Becoming an Effective Teacher - Person-centered Teaching
   Whitmore: Coaching for Performance (Coaching a csúcs teljesítményért)
   Downey: Effective coaching
   Insoo Kim Berg, Lee Shilts: Classroom Solutions: Woww Approach (Megoldásépítés az iskolában WOWW-megközelítés)